

Daily Mass Readings

July 2022

Liturgical Year - C

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1 JULY 2022 - FRIDAY

Ordinary Weekday / Blessed
Junipero Serra, Priest, Religious,
Missionary

First Reading: [Amos 8](#): 4-6, 9-12

Psalm: [Psalms 119](#): 2, 10, 20, 30, 40,
131

Alleluia: [Matthew 11](#): 28

Gospel: [Matthew 9](#): 9-13

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2 JULY 2022 - SATURDAY

Ordinary Weekday / Optional
Memorial of the Blessed Virgin
Mary

First Reading: [Amos 9](#): 11-15

Psalm: [Psalms 85](#): 9ab and 10, 11-12,
13-14

Alleluia: [John 10](#): 27

Gospel: [Matthew 9](#): 14-17

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3 JULY 2022 - SUNDAY

FOURTEENTH SUNDAY IN
ORDINARY TIME

First Reading: [Isaiah 66](#): 10-14c

Psalm: [Psalms 66](#): 1-3, 4-5, 6-7, 16 and
20

Second Reading: [Galatians 6](#): 14-18

Alleluia: [Colossians 3](#): 15a, 16a

Gospel: [Luke 10](#): 1-12, 17-20

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4 JULY 2022 - MONDAY

Ordinary Weekday / Independence
Day

First Reading: [Hosea 2](#): 16, 17c-18, 21-22

Psalm: [Psalms 145](#): 2-3, 4-5, 6-7, 8-9

Alleluia: [Second Timothy 1](#): 10

Gospel: [Matthew 9](#): 18-26

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5 JULY 2022 - TUESDAY

Ordinary Weekday / Elizabeth of
Portugal, Married Woman /
Anthony Mary Zaccaria, Priest,
Religious Founder

First Reading: [Hosea 8](#): 4-7, 11-13

Psalm: [Psalms 115](#): 3-4, 5-6, 7ab-8, 9-
10

Alleluia: [John 10](#): 14

Gospel: [Matthew 9](#): 32-38

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6 JULY 2022 - WEDNESDAY

Ordinary Weekday / Maria Goretti,
Virgin, Martyr

First Reading: [Hosea 10](#): 1-3, 7-8, 12

Psalm: [Psalms 105](#): 2-3, 4-5, 6-7

Alleluia: [Mark 1](#): 15

Gospel: [Matthew 10](#): 1-7

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7 JULY 2022 - THURSDAY

Ordinary Weekday

First Reading: [Hosea 11](#): 1-4, 8c-9

Psalm: [Psalms 80](#): 2ac and 3b, 15-16

Alleluia: [Mark 1](#): 15

Gospel: [Matthew 10](#): 7-15

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8 JULY 2022 - FRIDAY

Ordinary Weekday

First Reading: [Hosea 14](#): 2-10

Psalm: [Psalms 51](#): 3-4, 8-9, 12-13, 14
and 17

Alleluia: [John 16](#): 13a; [14](#): 26d

Gospel: [Matthew 10](#): 16-23

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9 JULY 2022 - SATURDAY

Ordinary Weekday / Optional
Memorial of the Blessed Virgin
Mary / Augustine Zhao Rong, Priest,
& Companions, Martyrs

First Reading: [Isaiah 6](#): 1-8

Psalm: [Psalms 93](#): 1ab, 1cd-2, 5

Alleluia: [First Peter 4](#): 14

Gospel: [Matthew 10](#): 24-33

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10 JULY 2022 - SUNDAY

FIFTEENTH SUNDAY IN ORDINARY TIME

First Reading: [Deuteronomy 30](#): 10-14
 Psalm: [Psalms 69](#): 14, 17, 30-31, 33-34, 36, 37 or [Psalms 19](#): 8, 9, 10, 11
 Second Reading: [Colossians 1](#): 15-20
 Alleluia: [John 6](#): 63c, 68c
 Gospel: [Luke 10](#): 25-37

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11 JULY 2022 - MONDAY

Benedict, Abbot, Religious Founder
 Obligatory Memorial

First Reading: [Isaiah 1](#): 10-17
 Psalm: [Psalms 50](#): 8-9, 16bc-17, 21 and 23
 Alleluia: [Matthew 5](#): 10
 Gospel: [Matthew 10](#): 34 - 11: 1

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12 JULY 2022 - TUESDAY

Ordinary Weekday

First Reading: [Isaiah 7](#): 1-9
 Psalm: [Psalms 48](#): 2-3a, 3b-4, 5-6, 7-8
 Alleluia: [Psalms 95](#): 8
 Gospel: [Matthew 11](#): 20-24

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13 JULY 2022 - WEDNESDAY

Ordinary Weekday / Henry, Married Man

First Reading: [Isaiah 10](#): 5-7, 13b-16
 Psalm: [Psalms 94](#): 5-6, 7-8, 9-10, 14-15
 Alleluia: [Matthew 11](#): 25
 Gospel: [Matthew 11](#): 25-27

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14 JULY 2022 - THURSDAY

Blessed Kateri Tekakwitha, Virgin
 Obligatory Memorial

First Reading: [Isaiah 26](#): 7-9, 11, 16-19
 Psalm: [Psalms 102](#): 13-14ab and 15, 16-18, 19-21
 Alleluia: [Matthew 11](#): 28
 Gospel: [Matthew 11](#): 28-30

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15 JULY 2022 - FRIDAY

Bonaventure, Bishop, Religious, Doctor
 Obligatory Memorial

First Reading: [Isaiah 38](#): 1-6, 21-22, 7-8
 Psalm: [Isaiah 38](#): 10, 11, 12abcd, 16
 Alleluia: [John 10](#): 27
 Gospel: [Matthew 12](#): 1-8

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16 JULY 2022 - SATURDAY

Ordinary Weekday / Optional Memorial of the Blessed Virgin Mary / Our Lady of Mount Carmel

First Reading: [Micah 2](#): 1-5
 Psalm: [Psalms 10](#): 1-2, 3-4, 7-8, 14
 Alleluia: [Second Corinthians 5](#): 19
 Gospel: [Matthew 12](#): 14-21

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17 JULY 2022 - SUNDAY

SIXTEENTH SUNDAY IN ORDINARY TIME

First Reading: [Genesis 18](#): 1-10a
 Psalm: [Psalms 15](#): 2-3ab, 3cd-4, 5
 Second Reading: [Colossians 1](#): 24-28
 Alleluia: [Luke 8](#): 15
 Gospel: [Luke 10](#): 38-42

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18 JULY 2022 - MONDAY

Ordinary Weekday / Camillus de Lellis, Priest

First Reading: [Micah 6](#): 1-4, 6-8
 Psalm: [Psalms 50](#): 5-6, 8-9, 16bc-17, 21 and 23
 Alleluia: [Psalms 95](#): 8
 Gospel: [Matthew 12](#): 38-42

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19 JULY 2022 - TUESDAY

Ordinary Weekday

First Reading: [Micah 7](#): 14-15, 18-20
 Psalm: [Psalms 85](#): 2-4, 5-6, 7-8
 Alleluia: [John 14](#): 23
 Gospel: [Matthew 12](#): 46-50

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20 JULY 2022 - WEDNESDAY

Ordinary Weekday / Apollinarius, Bishop, Martyr

First Reading: [Jeremiah 1](#): 1, 4-10
 Psalm: [Psalms 71](#): 1-2, 3-4a, 5-6ab, 15 and 17
 Gospel: [Matthew 13](#): 1-9

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21 JULY 2022 - THURSDAY

Ordinary Weekday / Lawrence of Brindisi, Priest, Religious, Doctor

First Reading: [Jeremiah 2](#): 1-3, 7-8, 12-13
 Psalm: [Psalms 36](#): 6-7ab, 8-9, 10-11
 Alleluia: [Matthew 11](#): 25
 Gospel: [Matthew 13](#): 10-17

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22 JULY 2022 - FRIDAY

Feast of Saint Mary
Magdalene

First Reading: [Songs 3](#): 1-4b or [Second Corinthians 5](#): 14-17

Psalm: [Psalms 63](#): 2, 3-4, 5-6, 8-9

Gospel: [John 20](#): 1-2, 11-18

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23 JULY 2022 - SATURDAY

Ordinary Weekday / Optional
Memorial of the Blessed Virgin
Mary / Bridget of Sweden, Married
Woman, Religious Founder

First Reading: [Jeremiah 7](#): 1-11

Psalm: [Psalms 84](#): 3, 4, 5-6a and 8a,
11

Alleluia: [James 1](#): 21bc

Gospel: [Matthew 13](#): 24-30

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24 JULY 2022 - SUNDAY

SEVENTEENTH SUNDAY IN
ORDINARY TIME

First Reading: [Genesis 18](#): 20-32

Psalm: [Psalms 138](#): 1-2, 2-3, 6-7, 7-8

Second Reading: [Colossians 2](#): 12-14

Alleluia: [Romans 8](#): 15bc

Gospel: [Luke 11](#): 1-13

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25 JULY 2022 - MONDAY

James, Apostle Feast

First Reading: [Second Corinthians 4](#):
7-15

Psalm: [Psalms 126](#): 1bc-2ab, 2cd-3, 4-
5, 6

Alleluia: [John 15](#): 16

Gospel: [Matthew 20](#): 20-28

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26 JULY 2022 - TUESDAY

Joachim and Anne, parents of the
Virgin Mary Obligatory Memorial

First Reading: [Jeremiah 14](#): 17-22

Psalm: [Psalms 79](#): 8, 9, 11 and 13

Gospel: [Matthew 13](#): 36-43

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27 JULY 2022 - WEDNESDAY

Ordinary Weekday

First Reading: [Jeremiah 15](#): 10, 16-21

Psalm: [Psalms 59](#): 2-3, 4, 10-11, 17, 18

Alleluia: [John 15](#): 15b

Gospel: [Matthew 13](#): 44-46

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28 JULY 2022 - THURSDAY

Ordinary Weekday

First Reading: [Jeremiah 18](#): 1-6

Psalm: [Psalms 146](#): 1b-2, 3-4, 5-6ab

Alleluia: [Acts 16](#): 14b

Gospel: [Matthew 13](#): 47-53

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29 JULY 2022 - FRIDAY

Martha, disciple of the Lord
Obligatory Memorial

First Reading: [Jeremiah 26](#): 1-9

Psalm: [Psalms 69](#): 5, 8-10, 14

Alleluia: [John 8](#): 12

Gospel: [John 11](#): 19-27 or [Luke 10](#): 38-
42

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30 JULY 2022 - SATURDAY

Ordinary Weekday / Optional
Memorial of the Blessed Virgin
Mary / Peter Chrysologus, Bishop,
Doctor

First Reading: [Jeremiah 26](#): 11-16, 24

Psalm: [Psalms 69](#): 15-16, 30-31, 33-34

Alleluia: [Matthew 5](#): 10

Gospel: [Matthew 14](#): 1-12

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31 JULY 2022 - SUNDAY

EIGHTEENTH SUNDAY IN
ORDINARY TIME

First Reading: [Ecclesiastes 1](#): 2; 2: 21-23

Psalm: [Psalms 90](#): 3-4, 5-6, 12-13, 14
and 17

Second Reading: [Colossians 3](#): 1-5, 9-11

Alleluia: [Matthew 5](#): 3

Gospel: [Luke 12](#): 13-21

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[Mass Reading for the year 2022](#)

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