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<p>1 MARCH 2023 - WEDNESDAY Lenten Weekday</p> <p>First: Jonah 3: 1-10 Psalm: Psalms 51: 3-4, 12-13, 18-19 VBG: Joel 2: 12-13 Gospel: Luke 11: 29-32</p> <p>Read Full Here</p>	<p>2 MARCH 2023 - THURSDAY Lenten Weekday</p> <p>First: Esther C: 12, 14-16, 23-25 Psalm: Psalms 138: 1-2ab, 2cde-3, 7c-8 VBG: Psalms 51: 12a,14a Gospel: Matthew 7: 7-12</p> <p>Read Full Here</p>	<p>3 MARCH 2023 - FRIDAY Katharine Drexel, Virgin, Religious Founder, Day of Abstinence from Meat (Age 14 and Up)</p> <p>First: Ezekiel 18: 21-28 Psalm: Psalms 130: 1-2, 3-4, 5-6, 7-8 VBG: Ezekiel 18: 31 Gospel: Matthew 5: 20-26</p> <p>Read Full Here</p>
<p>4 MARCH 2023 - SATURDAY Lenten Weekday/ Casimir</p> <p>First: Deuteronomy 26: 16-19 Psalm: Psalms 119: 1-2, 4-5, 7-8 VBG: Second Corinthians 6: 2b Gospel: Matthew 5: 43-48</p> <p>Read Full Here</p>	<p>5 MARCH 2023 - SUNDAY Second Sunday of Lent</p> <p>First: Genesis 12: 1-4a Psalm: Psalms 33: 4-5, 18-19, 20, 22 Second: Second Timothy 1: 8b-10 VBG: Matthew 17: 5 Gospel: Matthew 17: 1-9</p> <p>Read Full Here</p>	<p>6 MARCH 2023 - MONDAY Lenten Weekday</p> <p>First: Daniel 9: 4b-10 Psalm: Psalms 79: 8, 9, 11 and 13 VBG: John 6: 63c, 68c Gospel: Luke 6: 36-38</p> <p>Read Full Here</p>
<p>7 MARCH 2023 - TUESDAY Lenten Weekday/ Perpetua and Felicity, Martyrs</p> <p>First: Isaiah 1: 10, 16-20 Psalm: Psalms 50: 8-9, 16bc-17, 21 & 23 VBG: Ezekiel 18: 31 Gospel: Matthew 23: 1-12</p> <p>Read Full Here</p>	<p>8 MARCH 2023 - WEDNESDAY Lenten Weekday/ John of God, Religious Founder</p> <p>First: Jeremiah 18: 18-20 Psalm: Psalms 31: 5-6, 14, 15-16 VBG: John 8: 12 Gospel: Matthew 20: 17-28</p> <p>Read Full Here</p>	<p>9 MARCH 2023 - THURSDAY Lenten Weekday/ Frances of Rome, Married Woman, Religious Founder</p> <p>First: Jeremiah 17: 5-10 Psalm: Psalms 1: 1-2, 3, 4 and 6 VBG: Luke 8: 15 Gospel: Luke 16: 19-31</p> <p>Read Full Here</p>
<p>10 MARCH 2023 - FRIDAY Lenten Weekday, Day of Abstinence from Meat (Age 14 and Up)</p> <p>First: Genesis 37: 3-4, 12-13a, 17b-28 Psalm: Psalms 105: 16-17, 18-19, 20-21 VBG: John 3: 16 Gospel: Matthew 21: 33-43, 45-46</p> <p>Read Full Here</p>	<p>11 MARCH 2023 - SATURDAY Lenten Weekday</p> <p>First: Micah 7: 14-15, 18-20 Psalm: Psalms 103: 1-2, 3-4, 9-10, 11-12 VBG: Luke 15: 18 Gospel: Luke 15: 1-3, 11-32</p> <p>Read Full Here</p>	<p>12 MARCH 2023 - SUNDAY Third Sunday of Lent, First Scrutiny of the Elect</p> <p>First: Exodus 17: 3-7 Psalm: Psalms 95: 1-2, 6-7, 8-9 Second: Romans 5: 1-2, 5-8 VBG: John 4: 42, 15 Gospel: John 4: 5-42</p> <p>Read Full Here</p>

13 MARCH 2023 - MONDAY

Lenten Weekday

First: [Second Kings 5](#): 1-15Psalm: [Psalms 42](#): 2, 3; 43: 3, 4VGB: [Psalms 130](#): 5, 7Gospel: [Luke 4](#): 24-30[Read Full Here](#)**14 MARCH 2023 - TUESDAY**

Lenten Weekday

First: [Daniel 3](#): 25, 34-43Psalm: [Psalms 25](#): 4-5ab, 6 and 7bc, 8-9VGB: [Joel 2](#): 12-13Gospel: [Matthew 18](#): 21-35[Read Full Here](#)**15 MARCH 2023 - WEDNESDAY**

Lenten Weekday

First: [Deuteronomy 4](#):1, 5-9Psalm: [Psalms 147](#): 12-13, 15-16, 19-20VGB: [John 6](#): 63c, 68cGospel: [Matthew 5](#): 17-19[Read Full Here](#)**16 MARCH 2023 - THURSDAY**

Lenten Weekday

First: [Jeremiah 7](#): 23-28Psalm: [Psalms 95](#): 1-2, 6-7, 8-9VGB: [Joel 2](#): 12-13Gospel: [Luke 11](#): 14-23[Read Full Here](#)**17 MARCH 2023 - FRIDAY**

Lenten Weekday/ Patrick, Bishop, Missionary, Day of Abstinence from Meat (Age 14 and Up)

First: [Hosea 14](#): 2-10Psalm: [Psalms 81](#): 6c-8a, 8bc-9, 10-11ab, 14 and 17VGB: [Matthew 4](#): 17Gospel: [Mark 12](#): 28-34[Read Full Here](#)**18 MARCH 2023 - SATURDAY**

Lenten Weekday/ Cyril of Jerusalem, Bishop, Doctor

First: [Hosea 6](#): 1-6Psalm: [Psalms 51](#): 3-4, 18-19, 20-21abVGB: [Psalms 95](#): 8Gospel: [Luke 18](#): 9-14[Read Full Here](#)**19 MARCH 2023 - SUNDAY**

Fourth Sunday of Lent, Second Scrutiny of the Elect

First: [First Samuel 16](#): 1, 6-7, 10-13Psalm: [Psalms 23](#): 1-3a, 3b-4, 5, 6Second: [Ephesians 5](#): 8-14VGB: [John 8](#): 12Gospel: [John 9](#): 1-41[Read Full Here](#)**20 MARCH 2023 - MONDAY**

Joseph, Husband of Mary Solemnity

First: [Second Samuel 7](#): 4-5a, 12-14a, 16Psalm: [Psalms 89](#): 2-3, 4-5, 27 and 29Second: [Romans 4](#): 13, 16-18, 22VGB: [Psalms 84](#): 5Gospel: [Matthew 1](#): 16, 18-21, 24 or [Luke 2](#): 41-51a[Read Full Here](#)**21 MARCH 2023 - TUESDAY**

Lenten Weekday

First: [Ezekiel 47](#): 1-9, 12Psalm: [Psalms 46](#): 2-3, 5-6, 8-9VGB: [Psalms 51](#): 12a, 14aGospel: [John 5](#): 1-16[Read Full Here](#)**22 MARCH 2023 - WEDNESDAY**

Lenten Weekday

First: [Isaiah 49](#): 8-15Psalm: [Psalms 145](#): 8-9, 13cd-14, 17-18VGB: [John 11](#): 25a, 26Gospel: [John 5](#): 17-30[Read Full Here](#)**23 MARCH 2023 - THURSDAY**

Lenten Weekday/ Toribio De Mogrovejo, Bishop

First: [Exodus 32](#): 7-14Psalm: [Psalms 106](#): 19-20, 21-22, 23VGB: [John 3](#): 16Gospel: [John 5](#): 31-47[Read Full Here](#)**24 MARCH 2023 - FRIDAY**

Lenten Weekday, Day of Abstinence from Meat (Age 14 and Up)

First: [Wisdom 2](#): 1a, 12-22Psalm: [Psalms 34](#): 17-18, 19-20, 21 and 23VGB: [Matthew 4](#): 4bGospel: [John 7](#): 1-2, 10, 25-30[Read Full Here](#)

25 MARCH 2023 - SATURDAY

Annunciation of the Lord Solemnity

First: [Isaiah 7](#): 10-14; 8: 10

Psalm: [Psalms 40](#): 7-8a, 8b-9, 10, 11

Second: [Hebrews 10](#): 4-10

VBG: [John 1](#): 14ab

Gospel: [Luke 1](#): 26-38

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26 MARCH 2023 - SUNDAY

Fifth Sunday of Lent, Third Scrutiny of the Elect

First: [Ezekiel 37](#): 12-14

Psalm: [Psalms 130](#): 1-2, 3-4, 5-6, 7-8

Second: [Romans 8](#): 8-11

VBG: [John 11](#): 25a, 26

Gospel: [John 11](#): 1-45

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27 MARCH 2023 - MONDAY

Lenten Weekday

First: [Daniel 13](#): 1-9, 15-17, 19-30, 33-62

or [Daniel 13](#): 41c-62

Psalm: [Psalms 23](#): 1-3a, 3b-4, 5, 6

VBG: [Ezekiel 33](#): 11

Gospel: [John 8](#): 1-11

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28 MARCH 2023 - TUESDAY

Lenten Weekday

First: [Numbers 21](#): 4-9

Psalm: [Psalms 102](#): 2-3, 16-18, 19-21

Gospel: [John 8](#): 21-30

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29 MARCH 2023 - WEDNESDAY

Lenten Weekday

First: [Daniel 3](#): 14-20, 91-92, 95

Psalm: [Daniel 3](#): 52, 53, 54, 55, 56

VBG: [Luke 8](#): 15

Gospel: [John 8](#): 31-42

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30 MARCH 2023 - THURSDAY

Lenten Weekday

First: [Genesis 17](#): 3-9

Psalm: [Psalms 105](#): 4-5, 6-7, 8-9

VBG: [Psalms 95](#): 8

Gospel: [John 8](#): 51-59

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31 MARCH 2023 - FRIDAY

Lenten Weekday, Day of Abstinence from Meat (Age 14 and Up)

First: [Jeremiah 20](#): 10-13

Psalm: [Psalms 18](#): 2-3a, 3bc-4, 5-6, 7

VBG: [John 6](#): 63c, 68c

Gospel: [John 10](#): 31-42

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VBG - Verse before the Gospel

Note: The Douay Rheims Catholic Bible is used for the Mass Readings. If you wish to read the Mass readings from the New Jerusalem Bible, check [Today's Mass Reading from NJB](#). The New Jerusalem Bible is used at Mass in most of the English-speaking world.

[Mass Reading for the year 2023](#)

[April \(2023\) Mass Reading Download](#)

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